

RANCHO SD NORSEMEN WATER POLO CLUB



BOYS/GIRLS AGES 10 – 14 yrs.
@Valhalla H.S. Aquatics Complex

Schedule (9 Weeks):

Mondays, Wednesdays, and Selected Sundays.

Date(s): 8/23 thru 10/20

Practice Time: (6:45–8:00pm)

Scrimmages are on Selected Sundays, Dates and Times are To Be Determined.

No Practice Date(s):

9/6, 9/22, 10/11, 10/18, 10/25

Requirements:

- 1.) Must be able to swim and tread water.**
- 2.) Complete Club application (available on www.valhallaaquatics.com website under Forms, Club Information).**
- 3.) Possess a current U.S. Water Polo membership, Club registration ID # is 17548 (Membership is \$60 annually and includes insurance, forms are available on-site or online at www.usawaterpolo.com. The cost is \$225.00 per participant for 9 weeks. This amount is non-refundable, please make checks payable to: TVF- RSD Norsemen Polo.**

